

Effective facial spa treatment in your own home!

by G.

Take a look in your bathroom, dig out all the moisturisers, creams, lotions, cleansers, soaps and other products you use on your face and body on a regular basis. Now tot up how much it all cost you and how much it actually costs you every year. If you're like most of us, that's quite a scary total. We're probably talking at least £500, most likely more. Now imagine being able to throw all that away, stop using all that rubbish, most of which doesn't really do much good anyway, and turn to one effective product that gives you noticeable results from the first day. Sounds too good to be true doesn't it? I decided to find out more by giving it a try myself.

So what are we talking about here? The Galvanic Spa System is a unique at-home skin treatment that uses a small electric current to draw impurities and toxins out of the skin and undo the damage done by free radicals and, well, life! And it's exploding in popularity because it's easy, quick and very effective. Now don't get me wrong, when my editor said to go and check this out then write about it I thought 'oh my god, what have I got myself into here? I'm going to get my face electrocuted!' However, given the state of my face these days, a few lines here and there, enough open pores to make the face of the moon green with envy, and plenty of those stubborn evil little black and whiteheads, I thought 'ach, what have I got to lose?' So off I went to see Cora Lombard, trying to push the just-been-plugged-into-a-socket look out of my mind...

After a quick chat about the Galvanic Spa System we got right down to the treatment itself. I gave my face a quick wash with some water and Cora applied the pre-treatment gel. The device itself looked pretty harmless and as she brought it towards my face I felt myself tense up, waiting for a tingling or uncomfortable sensation, but it never came. I was surprised! It felt like a slightly cool, smooth surface running over my skin: not unpleasant at all. During the 2 minutes it took to cover every zone on my face, Cora explained the pre-treatment phase.

"The Galvanic Spa System device and the pre-treatment gel are negatively charged. The negative charges repel each other, pushing the gel deep into the skin's pores, where it binds to any impurities and toxins," she said.

After a quick splash of water, my face was ready for the treatment phase. This was basically the same method as before, only this time using the treatment gel.

"This time, the device and the treatment gel are positively charged. The positive charges repel each other, delivering the gel deep into the pores. The impurities, which are still negatively charged from the pre-treatment phase, are attracted to the now positive charge of the device and are drawn out of the skin," explained Cora.

After the 3 minute treatment phase I scampered off into the bathroom to wash my face with water again and inspect the results. It was quite incredible, after only a 5 minute treatment, my skin had taken on a more youthful glow, those nasty frown lines between

my eyebrows had definitely faded, my pores looked a lot less open and I had fewer blackheads. The skin on my face felt tighter and more defined and the bags that had started to form under my eyes had all but disappeared. Needless to say I was impressed!

Post treatment involved using nothing but water to wash and a few applications of a special anti-aging moisturiser that helps improve the skin's elasticity, that evening and the following morning and evening. Cora told me I'd notice the difference even more the next morning.

"I was amazed when I first had it done on my face," she said. "I only had half my face done and when I woke up the next morning and looked in the mirror it was like I had two completely different faces! And I've been using the Galvanic Spa System ever since."

A couple of days after the treatment, I took a look in the mirror and was surprised to see that my skin looked much clearer, fresher and less lined. There was a healthy glow about my face that I haven't seen since I was a carefree kid!

The company behind this ever-popular treatment system relies solely on word-of-mouth to promote their products, cutting out ineffective and superficial advertising campaigns. Even better, a percentage of the profits the company makes goes towards helping the world's malnourished children by producing VitaMeals, a nutrient-rich food, through their Nourish the Children initiative.

Like Avon products, the Galvanic Spa System is only available through an official distributor, like Cora Lombard. You can get a free demo treatment in your own home today by calling Cora on (tel.). I'm glad I tried this out and you can bet I'll be giving myself an early Christmas present this year! ;)